

**RESOLUTION OF THE
BOARD OF REGENTS OF
NAVAJO TECHNICAL UNIVERSITY**

Approving the Mental Health Intervention Protocol for Navajo Technical University,
Attached as Exhibit "A"

WHEREAS:

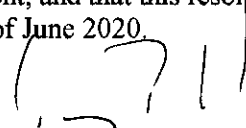
1. The Board of Regents of Navajo Technical University is responsible for the administration, operations and the development of policy as stated in Navajo Nation Council Resolution, CO-58-16, enacted on November 10, 2016, that amended the University's enabling legislation, codified at 15 N.N.C. §§1201-1210; and
2. Pursuant to the University's enabling legislation, Navajo Technical University (NTU) is organized as an institution of higher learning for the primary purpose of providing post-secondary and post-graduate education programs that serve both the academic and vocational/technical needs of the Navajo Nation and its citizens, 15 N.N.C. §1203(A); and
3. Pursuant to the University's enabling legislation, the Board of Regents of Navajo Technical University is authorized to manage and control the University for the effective governance and administration of the University; 15 N.N.C. § 1205(A); and
4. Pursuant to the University's enabling legislation, the Board of Regents of Navajo Technical University is authorized to review and approve all administrative policies and procedures, and all publications setting forth such policies and procedures, 15 N.N.C. §1205 (I); and
5. Recognizing the need for Mental Health Intervention Protocol, the Counseling program, legal counsel and staff developed a Mental Health Intervention Protocol for Navajo Technical University and said policy passed both the Administration and Faculty Congress with a few changes; and
6. The Administration of Navajo Technical University recommends that the NTU Board of Regents approve the Mental Health Intervention Protocol accordingly, attached as Exhibit "A".

NOW THEREFORE BE IT RESOLVED THAT:

1. The Board of Regents of Navajo Technical University hereby approves the Mental Health Intervention Protocol attached as Exhibit "A".
2. The President of Navajo Technical University is hereby authorized, directed and empowered to do all things necessary to effectuate the purpose of this resolution.

CERTIFICATION

I hereby certify that the foregoing resolution was discussed and considered by the Board of Regents of Navajo Technical University at a duly called meeting held by teleconference at which a quorum was present, and that this resolution was passed by a vote of **5** in favor, **0** opposed, and **0** abstained, this 22nd day of June 2020.



Tom Platero, Chairperson
NTU Board of Regents

Mental Health Crisis Intervention Protocol

Navajo Technical University recognizes the need to establish a mental health intervention crisis protocol for the safety of all students, staff and faculty. The University community can be affected when a mental health crisis occurs. Therefore, it is crucial that a basic protocol exist to direct and guide coordinated efforts that protect the safety and well-being of the individual in crisis and members of the university.

Mental Health Crisis

A mental health crisis arises when an individual no longer feels able to cope or be in control of their situation. The individual may feel great emotional distress or anxiety, and cannot cope with day-to-day life or work. The individual may have thoughts of suicide or self-harm.

Referrer Campus Contact

A staff, faculty or student who suspects or notices an individual is contemplating or threatening suicide or is exhibiting distressing behavior, and is in imminent danger must act immediately by:

- Contact Campus Security/Safety Officer: 505-701-1958.
- Campus Security/Safety Officer will contact NTU Crisis Intervention Team.
- Campus Security/Safety Officer will contact Navajo Law Enforcement.
- NTU PR will be notified for campus alert.

Intervention Crisis Team

Security Department	Phone: 505-701-1958	Disability Department	505-387-7396
Safety Department	Phone: 505-422-1645	Residential Department	505-387-7476
Counseling Department	Phone: 505-387-7473	Community Health Department	505-387-7479

Intervention Procedures

- The Campus Security, Safety Officer and Navajo Nation Law Enforcement will secure the location of the scene to ensure safety of individual in crisis and campus community.
- The individual in crisis must NOT be left alone, unless the individual is threatening harm to others.
- The NTU Intervention Team will provide support and assistance to the individual in crisis until help arrives.

Emergency Transportation

If the individual in crisis has attempted suicide, or is gravely distressed or is in the state of impairment by substance and unstable;

- Emergency Medical Services – may transport
- Law Enforcement – may transport
- Family – may transport

Under NO circumstance should the individual in crisis be allowed to take themselves to the hospital.

If the Individual in crisis is experiencing suicidal ideation but is stable enough to be transported they can be transported by;

- Family Members
- Campus Security or Safety Officer
- NTU Intervention Team

After hours & weekend contact "E" Security at: 505-701-1958

Referral Process & Services

After the individual has been initially assessed and released back to the campus or individual has stabilized, follow-up services for the individual will be set-up to ensure the individual is supported and assisted. Follow-up and referral services can be made to:

- Counseling Services
- Residential Support Services
- Disability Accommodations
- Native Traditional Healing
- Academic Counselors
- Outside resources for counseling & intervention

Training Requirements for Crisis Team Members & Campus Personnel and Members

- Question, Persuade and Refer (QPR) Training
- Mental Health First Aid Training
- Basic First Aid
- Other as needed & Identified

Resource Contacts

Navajo Law Enforcement
Crownpoint Indian Health Services

Phone: 505-786-2050
Phone: 505-786-5291

NATIONAL SUICIDE PREVENTION LIFELINE: 1-800-273-8255 (TALK)
www.suicidepreventionlifeline.org

NEW MEXICO CRISIS & ACCESS LINE: 1-855-466-7100 call or text toll free.
www.nmcrisisline.com

MENTAL HEALTH CRISIS PROTOCOL

A mental health crisis is when a person is having suicide ideation threatening suicide or is exhibiting distressing behavior and/or in an imminent risk of harming self or others.

